1. **What is an Intermission?**

1.1. An intermission is an approved leave of absence from all study for a defined period. An intermission is a serious step to take for any student and should only be considered with reasonable care and consideration for the risks.

1.2. A student who is granted approval to intermit will suspend all activity that is associated with the programme on which they are registered with immediate effect.

2. **Common reasons for a period of intermission**

2.1. Some examples of common reasons for authorised intermission include:

- Health reasons (mental or physical health problems)
- Maternity/Paternity/Adoption/Family leave
- Extra-curricular activities e.g. elite sport/art/music related opportunities
- Employment opportunities
- Financial circumstances
- Military service
- Intercalated year

2.2. Students may be required to take a period of intermission by the School following the fitness to study/fitness to practice process being implemented (Please refer to [KMMS Low Level Concerns, Fitness to Study](#) and [Fitness to Practise Policy and Procedure](#)).

3. **Request for intermission (also see appendix A intermission process flowchart)**

3.1. Students wishing to undertake a period of intermission should discuss this with their personal academic tutor (PAT) in the first instance, notes may be taken during the meeting and kept on the student record system for future reference.

3.2. The School must advise the student how their study is likely to be impacted, and it is expected that students will normally be required to **repeat** their current stage the following academic year (i.e. to start the year again. Please note there may be exceptions when the period of intermission is due to maternity/paternity leave). The student should also be advised that there will be an expectation that they engage in a plan for resumption of studies.
3.3. Following the meeting, students may also be directed to the KMMS Student Life and Wellbeing Team to understand the financial and other logistical implications. After these discussions, if students still wish to intermit, they will need to complete the intermission application form. Students must agree a return to study date with the School when the intermission is requested. Where the intermission of study is on health-related grounds, the student is normally required to provide medical evidence (see section 4) to inform decisions about the length of intermission.

3.4. On receipt of the form it will be reviewed by the PAT and Head of Year before being signed off by the Programme Director. If approved the student will be formally written to and the relevant central/external departments notified.

3.5. Factors which will be taken into account when reviewing a request for intermission will include the following:

- The nature of the reason for the request – whether it is serious and likely to be a long-term issue.
- The documentary evidence provided in relation to the reason.
- The performance, attendance and engagement of the student up to the point of the request. Students who do not regularly attend, are not engaged or who are struggling to perform academically will be considered a very high risk in relation to an and it may be more appropriate for them to withdraw entirely from study.
- The overall duration of the Programme.
- Any planned major or substantive changes to the format of the programme or the cost of the programme which may significantly impact on the student at the end of the intermission period when they seek to resume study.
- Any actions or plan necessary for resumption of studies

3.6. Students should request an intermission ahead of time where possible. Retrospective requests for a period of intermission will only be considered in exceptional circumstances and where the student can show good reason why the request was not made at the appropriate time.

3.7. Tier 4 students who wish to request an intermission must seek advice from the Student Immigration Compliance Team as an intermission will have visa implications. Tier 4 students on a period of intermission cannot remain in the UK during their intermission. The University of Kent will notify the UK Visas and Immigration (UKVI) agency that they are no longer sponsoring the student under Tier 4. The student must make arrangements to leave the UK in line with Home Office guidelines. The student must also accept the risk that they may not automatically secure a confirmation of acceptance of studies (CAS) to return to study at the end of their intermission period – if they do not do so, they will be withdrawn from study.

4. Acceptable evidence

4.1. Students will be required to submit medical evidence when the reason for intermitting is health related. Before students return from intermission, they will be required to provide another medical certificate to testify that they are fit to return to their studies.

4.2. Acceptable supporting evidence other than medical documentation includes an original (not photocopied) document written and signed by an appropriate third party, giving details of the circumstance, its duration, and, where possible, its impact. An appropriate third party would be one who knows the student in a professional capacity or one who can verify the circumstances (e.g. lecturer, personal tutor, Students' Union representative, GP, University Counsellor) and who is in a
position to provide objective and impartial evidence. Letters from family members or fellow students will not be acceptable.

5. Establishing the period of intermission

5.1. The maximum length for a period of intermission is one complete academic year. The minimum period of intermission is one calendar month. Multiple periods of intermission within the programme are permitted and this will be dealt with on a case-by-case basis in accordance with other relevant KMMS policies and procedure.

5.2. The maximum period of registration for the BMBS is ten years, except where a student undertakes an intercalated degree. The ten years will exclude intermissions that derive from periods during which students have been unable to engage with their studies due to reasons linked to characteristics protected by the Equality Act 2010. (See Regulations for the conferment of the award for the BMBS (Approved by Universities Joint Quality Committee – pending approval from CCCU Academic Board)).

6. Status and assessment record implications

6.1. The School will update the student record to show the period of intermission starting from the last date of attendance entered on the application form and verified by the student record system. This date will be used to work out the tuition fee liability and student funding; please ensure that you fully understand the financial implications of your request before making your final decision.

6.2. Students on intermission will be presented at the end of stage examination board and granted permission to repeat the year as for the first time.

6.3. All summative assessment marks achieved for completed stages prior to the period of intermission will be carried forward. Assessment marks for an incomplete stage that is intermitted will not be carried forward. However, students will be allowed the normal number of assessment attempts for each stage as for the first time, in accordance with the academic regulations on repeat years.

6.4. Students subject to Disclosure and Barring Service checks (DBS) or Occupational Health checks or any other status check should be informed in writing that if a period of intermission is set for 9 months or more, they will be required undertake a new DBS/Occupational Health check and that study cannot be resumed until this check has been completed.

7. Financial implications

7.1. KMMS will notify the Student Loan Company of each intermission of studies and resumption date where the student receives funding support. There is no right to the payment of bursaries and student loans during the period of interruption.

8. Access to resources

8.1. During the period of intermission students will not have access to resources except for the following:

• Usage of the Library will continue as normal unless students fully withdraw from the programme
• Access to student computer accounts
• Access to student support services

9. Accommodation

9.1. If a student is occupying University accommodation, they will be required to vacate their room following the processing of the intermission request. For further information students should contact their accommodation office.

10. Resumption of studies

10.1. Students who intermit are expected to return to study at a date agreed at the time of the intermission. Students will be required to undertake a number of steps prior to resuming their studies, failure to complete these steps could result in a delay to resuming their studies.

10.2. Students will be required to:

• Have received formal permission to resume their studies in writing from the Programme Director or Dean of KMMS
• Engage with an agreed plan for resumption of studies which may include assessment by occupational health or satisfactorily meeting conditions established by a fitness to study or fitness to practise panel before the planned date of resumption
• Arrange a meeting with their PAT to discuss their return to the programme
• Confirm that the underlying reasons for their intermission have been addressed and resolved
• Provide medical certification confirming they are fit to resume their programme of study prior to re-enrolment (in cases where an intermission of studies was approved on medical grounds)
• Tier 4 students must contact the School at least three months prior to their resumption date in order to advise and update on their arrangements to apply to secure a Tier 4 visa for their next period of study
• In exceptional circumstances where a student intermits study for two academic years or more, they will be required to sit a formative, return to study, Applied Knowledge Test covering the work of the previously passed stages to provide the student with some feedback on their current knowledge based prior to resumption of their studies. The format and criteria of the test will be determined by the lead for assessment at KMMS.

10.3. Where a programme closes before a student resumes study, the student will be contacted by the Programme Director to discuss possible arrangements to transfer programme.

10.4. If a student does not re-enrol at the agreed resumption date and does not submit a request to extend their period of intermission, and reasonable attempts by the School to contact the student have failed, the student shall be deemed to have withdrawn – the date of withdrawal being identified as the original intermission date.

11. Intermission of studies extension

11.1. Where a student on an approved period of intermission indicates they wish to be absent beyond the agreed return date, an extension to the intermission period may be considered by the Programme Director providing that the total period of absence including the extension does not exceed one academic year. In this instance students will need to complete a new intermission request form.
11.2. Requests to intermit for more than one academic year will only be considered in the most exceptional circumstances. Such requests must be approved by the Dean of the Medical School.

11.3. In deciding whether to extend an intermission of study for more than one year, the Dean of the Medical School will take account of:

- The nature of the reason for the request – whether it is serious and likely to be a long-term issue.
- The documentary evidence provided in relation to the reason.
- The performance, attendance and engagement of the student up to the point of the original request.
- The overall duration of the programme
- Planned major or substantive changes to the format of the programme or the cost of the programme which may significantly impact on the student at the end of the interruption period when they seek to resume study.
- Whether the total duration of the absence represents too great a break in terms of maintaining the essential currency of study and their proficiency in any required professional skills and experience.
Appendix A – Intermission process flowchart

Step 1
Discuss with your Personal Academic Tutor (PAT) your reasons for wanting to intermit from your studies and talk through all the options available

Step 2
Discuss the financial implications with the Student Life and Wellbeing Manager. Students should also discuss UKVI implications where relevant

If you decide you want to continue with your studies, you and your PAT will draft a plan that will enable you to stay, offering you any advice, guidance and support available

If you decide that you want to go ahead with the intermission you will need to complete the appropriate form and return to the Curriculum and Assessment Team via curriculum@kmms.ac.uk

Step 3
The form will be reviewed by the Head of Year and Programme Director

Step 4
If your intermission is approved, you will receive a formal letter and your student status will be updated

Step 5
KMMS will notify the Student Loans Company that you have suspended your studies

Step 6
Before the proposed date of resumption of studies, you will be required to meet with your PAT and engage with a plan for your return

If you feel that you are not ready to return you may request an extension by completing the appropriate form